Employee Name (Please print)
Department:
I agree to waive meal periods as follows:
First Meal Period
• I understand that I am entitled to an unpaid meal break of not less than 30 minutes for every five (5) hour period of time worked. However, I understand that I can waive the meal period when my total day's work will be completed within a work period of not more than six (6) hours.
Accordingly, I agree to waive the meal period whenever my total day's work will be completed within a work period of not more than six (6) hours.
Second Meal Period
I understand that I am entitled to a second unpaid meal break of not less than 30 minutes if I work more than ten (10) hours during a work day. However, I understand that I can waive the second meal period when my total day's work will be completed within a work period of not more than twelve (12) hours, as long as I did not waive the first meal period.
• Accordingly, I agree to waive the second meal period whenever my total day's work will be completed within a work period of not more than twelve (12) hours, as long as I did not waive the first meal period.
I enter into this agreement freely and voluntarily. I understand that this agreement can be revoked in writing by me at any time.
Employee's Signature: Date:
Supervisor Name (Please print):
Supervisor's Signature: Date:

Please forward form to the Human Resources Department at: dtheodore@scrs-ilc.org