

A True Revolutionary: Judy Huemann







Judy Heumann has been present at nearly every pivotal point in the disability rights movement and is considered "the mother" of the movement. A true lifelong advocate who changed our world. Heumann has increased opportunities and accessibility globally. Since the 1970s, her work has significantly influenced the creation of human rights laws and policies that benefit both children and people with disabilities. Judy will be missed by many, but her contributions will continue thanks to our work at SCRS. We've got it from here, Judy!

March 4, 2023

The Huemann
Perspective
Podcast

Rolling Warrior

<u>Being</u> <u>Huemann</u> Watch Crip Camp Judy Huemann Wesbite

SCRS Doin' The Work.



Employment Services Consumer receiving interview attire at <u>Clothes The Deal Downey</u>, a non-profit whose mission is to build community partnerships in order to provide low-income men, women, at-risk youth, and U.S. Veterans with professional business attire in order to empower them when reaching for employment, self-sufficiency, and economic independence.



Employment Consumer started his onboarding at Disneyland with job-site support from Employment Specialist, Isabela and DPS1, Dennis.





E.D.G.E Student is in Art 201. He is using India ink, a thin paintbrush & paper to complete his project: "Gesture drawings from still life with ink and a brush." His professor displayed a still-life display in front of the students. Students made a circle around the still-life object and began to paint.



March is Developmental Disabilities Awareness month and in celebration, ES Downey consumers participated in a community outing to watch the movie Champions, starring KEVIN IANNUCCI a self-proclaimed "Hollywood actor with Down Syndrome.

Reaching Out to Our Communities



John Glenn High School

SCRS Downey Staff Hector, Ignacio, Crystal, and Tonny at the annual John Glenn High school transition fair.



LAC+USC Medical Center

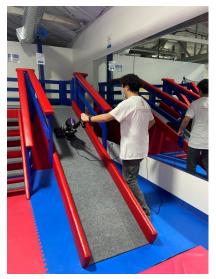
SCRS Pasadena Staff Maria and Kimberly attended the monthly food pantry informing the guests of public health resources.

Applause for Success!



Aim for Success

Consumer featured is a participant of the Paid Internship Program (PIP) and is currently working at We Rock The Spectrum, a gym for children with disabilities. The consumer is working part-time and is receiving technical assistance to ensure he is successful. Prior to participating in the PIP, the consumer gained work experience with his dad at a construction site doing demo work. The consumer was interviewed on his experience as a participant of Employment Services with SCRS and when asked to describe how he feels about his new job, the consumer stated "my job is great!".



Consumer also shared that he was nervous about having to travel independently to a new city for his CPR certification, which was a requirement he had to meet prior to beginning his internship but felt proud that he overcame this challenge as he also had to advocate for himself when his mother expressed concerns about him traveling alone. At the end of the interview, the consumer had words of advice to share with others needing support, "if you are having trouble finding a job go to the SCRS program where you can practice interviews, and look for jobs...they have helped me by getting better at interviews and job searching."

When asked to share about their son's success at his Paid Internship, the consumer's mother shared the following [the experience has been] "very positive and I have seen him put his mind to things"... Consumer's mother also



shared that she is very grateful to have these services as he has made a lot of progress and offered advice for parents of children with disabilities stating "If you want your child to be successful you have to sign them up to a program like SCRS where they take the time to teach them and help them develop.. [and to] "let your child do what they believe they can do as long as they want to pursue it, and even if they surprise you, you need to support them and see the results since they truly can do anything." Mother also shared that her son has requested to be more independent and although fearful of "letting go," she stated "I am trying to let him be independent and he is now advocating for himself." The consumer's mother also shared the following, "I noticed that he is more open now and he shares with his family what he has learned and is more open to the reality of having to be more responsible."





Advancing Independence with Assistive Technology

Rose is a multiple stroke survivor who is a long-time SCRS consumer. She resides independently in her apartment located in the City of South Gate. Due to limited mobility of her left arm and hand, the consumer drives her own car with the help of a steering wheel knob spinner. After experiencing COVID-19, her gait became imbalanced and weak. She requested assistance with obtaining a lightweight compact scooter and scooter lift for her vehicle. SCRS' AT Facilitator, Ana, assisted Rose with applying for the City of South Gate's CDBG-CV program. A BRUNO mechanical scooter lift was installed in the rear interior of Rose's SUV. Additionally, she was provided a TRANSFORMER Automatic folding light-weight 4-wheel scooter. Rose is able to load her scooter, via the lift, while making use of a remote control which she holds with her right hand. The TRANSFORMER folding scooter and BRUNO arm lift provide the consumer with the opportunity to continue living independently within her community. Rose would like to thank SCRS for their continued support. Written by A. Ramirez



Success: Let it Be Yours!

At Strive LA, Vanessa works to provide academic and guidance resources to children, youth, and their families in the Watts community of Los Angeles. Vanessa completed her 90 days placement and is content with her job. When talking to her SCRS Employment Specialist, Vanessa shared the experiences she is having on the job and that she would like to increase her hours. Vanessa expressed the excitement she has working for Strive LA. She especially enjoys working with her co-workers. Vanessa has been through many hurdles throughout her life. She lost her parents when she was very young, and within the last 5 years; she lost both of her brothers due to drug addiction. When she got the job at Strive LA, it really helped her get through all the stress she was experiencing from losing everyone in her family. Even though she continues to struggle with the loss of her family, this job has lifted her up and allowed her to get through each day and feel better about herself. Written by D. Responts



Breaking Communication Obstacles

At the onset of COVID-19, A. Dominguez suffered a stroke and faced the possibility of not speaking again and was later placed in a convalescent home. Dominguez felt abandoned by his family, staff, and administration; He felt alone, was not allowed any visitors, and did not know anyone. Dominguez's sister had to do something, and with the support of Dr. Wong, she was able to get him to Rancho Los Amigos hospital. Dominguez can now communicate with his family and community using a free speech-generating device, thanks to SCRS and the Voice Options initiative. He is no longer required to gesture to his family, and others no longer need to guess what he wants or needs. His sister feared he would continue to struggle and live in a state of dissatisfaction because he could not completely express himself without Voice Options.



As we reach the end of March, it is important to remember to celebrate Women and those with developmental disabilities' accomplishments at all times! Below are some documentaries, books, and podcasts to support our communities.

Watch:

Reversing Roe (Netflix)

He Named Me Malala (Amazon Prime)

Read:

"Feminism is for Everybody: Passionate Politics" by bell hooks (Bookshop) (Amazon)

"Know My Name: A Memoir" by Chanel Miller

(Bookshop) (Amazon)

Listen:

Hysteria

Encyclopedia Womanica

Watch:

The Artisans (Watch Here)

<u>Lives Worth Living</u> (Watch Here)

Read:

15 inclusive books by disabled women writers "Self Advocacy Start-Up Toolkit: More Power,

More Control Over our Lives!" By Self

Advocates Becoming Empowered.

Listen:

Included: The Disability Equity Podcast

OurView: Disability Awareness



A Special Shout Out to the Women of SCRS!

On International Women's Day, we recognize women's power and influence in the workplace and beyond. We appreciate their dedication, hard work, and leadership, and we look forward to a future in which all voices are heard and valued. We proudly recognize, applaud, and empower women all over the world today and every day. Women's strength and resilience have made the world a better place. Happy International Women's Day!



Join us in celebrating our March Employee Anniversaries!

Abigail Aragon Tyson Lopez Jacqueline Toscano Yelyzaveta Nechay Alyssa Hernandez



This Employment Specialist has been selected for going "Above and Beyond" by their peers and consumers.

Isabela Melendez

What type of newsletter content would you like to see more of?

Success Stories

Event Annoncements

Pictures of Consumers & Staff Events

Information of Programs/Services

March 2023

Upcoming Events

Roundtable Discussion - Zoom Online Event

For individuals who are physical/mobility impaired or those who have lived experiences with individuals who have this disability.

Here are the listed dates were working on right now with the community that we're holding space for:

- March 8, 2023-Physically/Mobility Impaired
- March 13, 2023- Blind/LV
- March 15, 2023-Deaf/HH
- March 20, 2023- Blind/LV
- March 22, 2023-Deaf/HH
- March 27, 2023- Deaf/HH
- March 29, 2023- Physically/Mobility Impaired
- April 3, 2023- Deaf/HH

April 5, 2023- Deaf/HH

All participants will receive a \$25 dollar gift card

For more information email: roundtables@paintedbrain.org

SCRS-IL Women's Empowerment Summit

Arcadia Embassy Suites - Thursday, March 30, 2023

- We want to organize our community, led by Women, to come together, unify, and send a powerful message.
- Panelists from Women of SCRS, Guest Speakers, Vendors & Resource Fair!

Diversity Employment Day Career Fair & Roundtables- Thursday, March 30, 2023 - In-Person Event at Sonesta Los Angeles Airport LAX - 5985 West Century Blvd. Los Angeles, CA 90045

To register or if you would like to send your resume email: fastrack@citycareerfair.com

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